



# Safeguarding Newsletter

January 2026

## Welcome to our Safeguarding Newsletter for Parents

This newsletter is designed to enable us to share information with you about the many ways in which we support our children and families to keep safe.

This half term our focus is 'What is abuse?' and we will provide information about who you can speak to about Child Protection and Safeguarding in School.

### What is Safeguarding?

Safeguarding is the action that is taken to promote the welfare of children in our care and to protect them from harm.

Safeguarding means:

- Protecting children from abuse and maltreatment
- Preventing harm to children's health or development
- Ensuring children grow up with the provision of safe and effective care
- Taking action to enable all children to have the best outcomes

### What is child abuse?

Child abuse is when anyone under the age of 18 is either being harmed or not properly looked after.

**There are four main categories of child abuse.**

**These are:**

Physical abuse

Sexual abuse

Emotional abuse

Neglect

Below you will find more information about each category.

## Safeguarding



Working together, everyone's responsibility.

### Physical abuse

Physical abuse is when someone hurts a child or young person on purpose.

Examples of physical abuse are:

- Hitting, slapping, shaking or throwing.
- Burning or scalding.
- Drowning, suffocating or choking.
- Pushing or kicking.
- Inappropriate restraint or false imprisonment.
- Using physical force to discipline.
- Misusing medication.
- Fabricating or inducing an illness or ill health.

### Neglect

Neglect is when a child or young person's basic needs are persistently not being met by their parent or guardian.

These basic needs include:

- Adequate food, clothing and shelter.
- Protection from physical and emotional harm or danger.
- Adequate supervision, including not being left at home alone.
- Access to appropriate medical care including dental treatment.

### Sexual abuse

Sexual abuse is when a child is enticed or forced to take part in sexual activities. This kind of abuse does not always involve a high level of violence and the child may not be aware of what is happening. The abuse may be committed by adult men and women, or by other children.

Examples of sexual abuse are:

- Causing or inciting a child to watch or engage in sexual activities.
- Encouraging a child to behave in sexually inappropriate ways.
- Involving a child in looking at sexual images or videos.
- Involving a child in the production of sexual images or videos.
- Grooming a child in preparation for abuse (including via the internet).

### Emotional abuse

Emotional abuse happens in many different ways. It can affect how a young person or child feels about themselves, or how they fit in with friends, at school, or where they live.

Examples of emotional abuse are:

- Being made to feel inadequate, useless or unloved.
- Being unfairly blamed.
- Being bullied, including over the internet (cyber-bullying).
- Being made to feel frightened or in danger.
- Witnessing the abuse of others such as domestic abuse.

### Who can you speak to?

**If anyone feels concerned about the safety of a child, they should act on their concern immediately.**

Parents and carers can **speak to or email** the safeguarding team to make an enquiry, to ask for help or to share information

[safeguarding@cavclosei.derby.sch.uk](mailto:safeguarding@cavclosei.derby.sch.uk)

Parents and carers can ring Derby Children's Social Care directly to report their concerns first hand

01332 641172

(Out of hours Careline 01332 786968)

Parents and carers can use the NSPCC helpline

0800 800 5000

### Our Safeguarding Team

<b>Mrs Diffin</b> Headteacher and Designated Safeguarding Lead	<b>Mrs Howett</b> Deputy Headteacher and Deputy Designated Safeguarding Lead
<b>Mrs Asghar</b> Assistant Headteacher and Deputy Designated Safeguarding Lead	<b>Mrs Vincett</b> Inclusion Leader and Safeguarding Champion
<b>Mrs Leadbeater</b> Learning Mentor and Safeguarding, Attendance and Behaviour Champion	<b>Mrs Dearie</b> Learning Mentor, Safeguarding and Behaviour Champion
<b>Mrs Carter</b> Safeguarding Lead Teacher	<b>Mrs Roberts</b> Breakfast and After School Club Safeguarding Champion

