# **First Aid Policy**

# Cavendish Close Infant & Nursery School



Approved by: Mrs C. Diffin and Full Governing Body

Last reviewed on: September 2025

Next review due by: September 2026

### Contents

1. Aims	3
2. Legislation and guidance	3
3. Roles and responsibilities	3
4. First aid procedures	5
5. First aid kit	7
6. Record-keeping and reporting	8
7. Training	10
8. Monitoring arrangements	10
9. Links with other policies	10
Appendix 1: list of First Aiders	11
Appendix 2: Paediatric first aid training log	12
Appendix 3: Emergency first aid training log	13
Appendix 4: First aid kit list	14
Appendix 5: First Aid Kit expectations	15
Appendix 6: First Aid Kit check list record	16
Appendix 7: How to fill an accident form in correctly	17

#### 1. Aims

The aims of our first aid policy are to:

- Ensure the health and safety of all staff, pupils and visitors
- Ensure that staff and governors are aware of their responsibilities with regards to health and safety
- · Provide a framework for responding to an incident and recording and reporting the outcomes

#### 2. Legislation and guidance

This policy is based on the Statutory Framework for the Early Years Foundation Stage <a href="https://www.gov.uk/government/publications/early-years-foundation-stage-framework--2">https://www.gov.uk/government/publications/early-years-foundation-stage-framework--2</a>, advice from the Department for Education on <a href="first aid in schools">first aid in schools</a> and <a href="health and safety in schools">health and safety in schools</a>, and the following legislation:

- The Health and Safety (First Aid) Regulations 1981, which state that employers must provide
  adequate and appropriate equipment and facilities to enable first aid to be administered to
  employees, and qualified first aid personnel
- The Management of Health and Safety at Work Regulations 1999, which require employers to carry out risk assessments, make arrangements to implement necessary measures, and arrange for appropriate information and training
- The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013, which state that some accidents must be reported to the Health and Safety Executive (HSE), and set out the timeframe for this and how long records of such accidents must be kept
- <u>Social Security (Claims and Payments) Regulations 1979</u>, which set out rules on the retention of accident records
- <u>The School Premises (England) Regulations 2012</u>, which require that suitable space is provided to cater for the medical and therapy needs of pupils

### 3. Roles and responsibilities

#### 3.1 Appointed person(s) and first aiders

The school's appointed Level 3 Paediatric First Aiders are – Mrs. Carter, Miss Cunliffe, Mrs. Gadsby, Mrs. Howett, Miss Luke, Mrs. Mosley, Mrs. Roberts, Miss. Stafford and Mrs. Taylor. They are responsible for:

- Taking charge when someone is injured or becomes ill
- Ensuring that an ambulance or other professional medical help is summoned when appropriate

First aiders are trained and qualified to carry out the role (see section 7) and are responsible for:

- Acting as first responders to any incidents; they will assess the situation where there is an
  injured or ill person, and provide immediate and appropriate treatment
- · Sending pupils home to recover, where necessary
- Filling in an accident report on the same day, or as soon as is reasonably practicable, after an
  incident

Our school's appointed Level 3 Paediatric First Aiders are listed in appendix 1. Their names will also be displayed prominently around the school.

Our school's appointed Level 3 Emergency First Aiders at Work are -

Mrs. Carter, Mrs. Dearie, Mrs. Leadbeater and Mr. Roberts.

Our schools Level 3 Emergency First Aiders at Work are listed in appendix 1. Their names will also be displayed prominently around the school.

#### 3.2 The local authority and governing board

Derby City Council has ultimate responsibility for health and safety matters in the school, but delegates' responsibility for the strategic management of such matters to the school's governing board.

The governing board delegates operational matters and day-to-day tasks to the head teacher and staff members

#### 3.2 The governing board

The governing board has ultimate responsibility for health and safety matters in the school, but delegates' operational matters and day-to-day tasks to the headteacher and staff members.

#### 3.4 The Headteacher and Inclusion Leader

The Headteacher and Inclusion Leader are responsible for the implementation of this policy, including:

- Ensuring that an appropriate number of Level 3 Paediatric First Aiders are present in the school at all times
- Ensuring that an appropriate number of Level 3 First Aiders at Work are present in the school at all times
- Ensuring that first aiders have an appropriate qualification, keep training up to date and remain competent to perform their role
- · Ensuring all staff are aware of first aid procedures
- Ensuring appropriate risk assessments are completed and appropriate measures are put in place
- Ensuring that half termly First Aid box checks are made. These checks will be completed alongside emergency inhaler & spacer checks and Emergency Adrenaline Auto-injector checks (See Appendix 6).
- Undertaking, or ensuring that managers undertake, risk assessments, as appropriate, and that appropriate measures are put in place
- · Ensuring that adequate space is available for catering to the medical needs of pupils
- Reporting specified incidents to the HSE when necessary (see section 6)

#### 3.5 Staff

School staff are responsible for:

- Ensuring that First Aid Kits are stored safely in the appropriate high cupboard in their designated classroom
- Ensuring that First Aid Kits are clean, tidy and well organised
- Ensuring that First Aid Kits are easily accessible
- Ensuring they follow first aid procedures
- · Ensuring they know who the first aiders in school are
- · Completing accident reports for all incidents they attend to

- Informing the Headteacher and Inclusion Leader of any specific health conditions or first aid needs.
- The Inclusion Leader will ensure that all training is reviewed and updated on a regular basis.
- The Inclusion Leader will regularly update the whole school Staff Training record.

#### 4. First aid procedures

#### 4.1 In-school procedures

In the event of an accident resulting in injury:

- The closest member of staff present will assess the seriousness of the injury and seek the
  assistance of a qualified first aider, if appropriate, who will provide the required first aid
  treatment
- The first aider, if called, will assess the injury and decide if further assistance is needed from a colleague or the emergency services. They will remain on scene until help arrives.
- If a medical emergency arises, the first aider must call for the assistance of the most senior member of staff in school.
- The first aider will also decide whether the injured person should be moved or placed in a recovery position
- If the first aider judges that a pupil is too unwell to remain in school, parents/carers will be contacted and asked to collect their child. Upon their arrival, the first aider will recommend next steps to the parents/carers
- If emergency services are called, the teacher and/or teaching assistant will contact parents/carers immediately
- Where a child sustains a head/face injury, whether there is a visible mark or not, a cold compress/ice pack should be applied as first aid. This is best practice as swelling and bruising can develop over time. Communication/information sharing with parents and carers should be timely.
- The First Aider and/or relevant member of staff will complete an accident report form on the same day or as soon as is reasonably practical after an incident resulting in an injury
- It is essential when completing an accident report that the child's full name is written and spelt correctly. It is vital that the correct class is also written down on the accident form. (See Appendix 7).
- Details of the injury should be written clearly for all to read (See Appendix 7).
- It is the responsibility of the Breakfast/After School Club lead to ensure that there is always a member of staff who is First Aid trained on the staffing plan each day.

#### 4.2 Use of an Automated External Defibrillator

An Automated External Defibrillator (AED or 'defibrillator') is a machine that is placed externally on the body and is used to give an electric shock when a person is in cardiac arrest i.e., when the heart suddenly stops pumping blood around the body.

Cardiac arrest can affect people of any age and without warning. If this happens, swift action is vital, and you must call 999 immediately for an ambulance. While the ambulance crew are on their way, early cardiopulmonary resuscitation (CPR) and prompt defibrillation can help save a person's life.

The person performing CPR should not stop except where this is necessary in order to attach the pads or when instructed to do so by the defibrillator, usually before it delivers a shock. If possible, someone else should attach the pads to the patient while CPR continues.

#### **CPR** for adults

The below steps outline basic CPR for adults aged 18 years and older:

- 1. Call 999 or 112 for emergency help.
- 2. Give 30 chest compressions at the rate of 100-120 beats per minute.
- 3. Give 2 rescue breaths if trained and/or willing to do so.
- 4. If no rescue breaths are given, you should do continuous chest compressions.
- 5. Use a defibrillator if available.
- 6. Continue CPR (either 30 chest compressions and 2 rescue breaths or continuous chest compressions) until:
- a. Emergency help arrives.
- b. The person starts to show signs of life and starts to breathe normally.
- c. You are too exhausted to continue.
- d. A defibrillator is ready to use, and you follow the instructions voiced by the device.

#### **CPR** for children

The below steps outline basic CPR for children aged 1 to 17 years old:

- 1. Call 999 or 112 for emergency help.
- 2. Give 5 initial rescue breaths.
- 3. Give 30 chest compressions at the rate of 100-120 beats per minute.
- 4. Use a defibrillator if available.
- 5. Continue CPR at a rate of 30 chest compressions followed by 2 rescue breaths until:
- a. Emergency help arrives.
- b. The person starts to show signs of life and starts to breathe normally.
- c. You are too exhausted to continue.
- d. A defibrillator is ready to use.
  - The school Automated External Defibrillator is wall mounted and situated inside the main school office.
  - It is a Mediana HeartOn A15 model and has an 8 year warranty.
  - The battery is expected to last 5 years on standby (not used), 6 hours if monitoring someone and has a life expectancy of 200 shocks.
  - The battery is replaceable and is situated inside the handle of the machine.
  - The AED pads are universal and can be used on adults and children.
  - The AED pads need replacing whenever they are used, or at their expiry date (May 2026).
  - The machine performs a self-check daily.
  - A weekly visual check, as recommended by the DFE, is conducted by Mrs. C Manners.
  - When the AED is being used the machine settings need to be changed to either adult or child under 12 years of age. The change is made by moving the sliding switch which is located on the AED.
  - The AED cannot be used on anyone under the age of 12 months old.

As recommended by the DFE, the school AED is registered on the circuit. This is to ensure
that the ambulance service has full access to the AED and any data that is stored on the
device.

St John's Ambulance and The British Heart Foundation both have very useful training guides which can be accessed by clicking on the links below –

https://www.sja.org.uk/get-advice/first-aid-advice/how-to/how-to-use-a-defibrillator/https://revivr.bhf.org.uk/

#### 4.3 Off-site procedures

When taking pupils off the school premises, staff will ensure they always have the following:

- A mobile phone to hand
- A portable first aid kit which contains A leaflet giving general advice on first aid, individually
  wrapped sterile plasters of assorted sizes, sterile eye pads, individually wrapped triangular
  bandages of assorted sizes, large and medium-sized sterile, individually wrapped unmedicated wound dressings, individually wrapped antiseptic wipes and Micropore tape
- Disposable single use ice packs
- Information about the specific medical needs of pupils
- · Parents/carers contact details

Risk assessments will be completed by the teacher prior to any educational visit that necessitates taking pupils off school premises.

There will always be at least one first aider with a current paediatric first aid certificate on school trips and visits, as required by the statutory framework for the Early Years Foundation Stage.

#### 5. First aid kit

#### 5.1 First aid kit equipment

A typical first aid kit in our school will include the following:

- A leaflet giving general advice on first aid
- · Individually wrapped sterile plasters of assorted sizes
- Sterile eye pads
- Individually wrapped triangular bandages of assorted sizes
- · Large and medium-sized sterile, individually wrapped, unmedicated wound dressings
- Individually wrapped antiseptic wipes
- Micropore tape

No medication is kept in first aid kits.

Scissors must not be stored in first aid kits.

First aid kits are stored in:

- All classrooms First Aid Kits must be stored in the high cupboard which is situated above the classroom sink. The cupboard will be clearly labelled.
- Nursery The First Aid Kit is stored in the high cupboard which is situated above the nursery sink

- The school hall The First Aid Kit is situated in a cabinet.
- In the Medical Cabinet on the ground floor, next to the School Office The First Aid Kit is situated in a locked cabinet. The key is stored in the School Office

#### 5.2 First aid kit expectations

- · First Aid provision is checked on a weekly basis by the class teacher
- First Aid provision is checked and recorded monthly by Mrs Vincett and/or Mrs Leadbeater and Mrs Dearie
- · Stock is replenished during each weekly check
- It is the responsibility of Mrs Vincett and/or Mrs Leadbeater and Mrs Dearie to check all First Aid Kits which are stored outside of the classrooms. (School Hall, Medical cabinet on the ground floor)
- · All packaging must be securely closed
- Children's scissors must not be stored in the First Aid box
- Any out of date stock must be immediately discarded of safely and replaced with in date stock
- · All First Aid Kits must be clean, tidy and well organised
- Stock in First Aid Kits must be easily accessible
- Any damaged or broken First Aid Kit boxes must be reported immediately to Mrs Vincett and/or Mrs Leadbeater and Mrs Dearie
- First Aid Kits must be stored in the high cupboard which is situated above the classroom sink
- A First Aid Kit list and a First Aid Kit expectation list must be stored in the high cupboard alongside the First Aid Kit
- A Medical checklist record must be stored on the inside of the high cupboard door
- A First Aid symbol must be visible on the outside of the high cupboard door

It is the responsibility of the class teacher to ensure that First Aid Kits are correctly stored. They must be clean, tidy, well organised and all stock must be easily accessible.

### 6. Record-keeping and reporting

#### 6.1 First aid and accident record book

- An accident form will be completed by the relevant member of staff on the same day or as soon as possible after an incident resulting in an injury
- · As much detail as possible should be supplied when reporting an accident
- This must include: the date, time and place of the event; personal details of those involved and a brief description of what has happened including the incident (See appendix 7).
- Records held in the first aid and accident book will be retained by the school for a minimum of 3
  years, in accordance with regulation 25 of the Social Security (Claims and Payments)
  Regulations 1979.
- Serious injury records must be kept until the child is 21 years of age
- 6.2 Reporting to the HSE

The School Business Manager will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).

The School Business Manager will report these to the Health and Safety Executive as soon as is reasonably practicable and in any event within 10 days of the incident.

The responsible person must also report any case of a work-related disease, specified under RIDDOR, that affects an employee and that a doctor confirms in writing (see 'Reportable diseases').

You can find detailed guidance about RIDDOR reporting and online reporting procedures at https://www.hse.gov.uk/riddor/index.htm

Reportable injuries, diseases or dangerous occurrences include:

- · accidents which result in death must be reported without delay
- accidents which prevent the injured person from continuing their normal work for more than seven days (not counting the day of the accident, but including weekends and other rest days) must be reported within 15 days of the accident.
- Specified injuries, which are:

fractures, other than to fingers, thumbs and toes;

amputations;

any injury likely to lead to permanent loss of sight or reduction in sight;

any crush injury to the head or torso causing damage to the brain or internal organs;

serious burns (including scalding), which:

cover more than 10% of the body; or cause significant damage to the eyes, respiratory system or other vital organs;

any scalping requiring hospital treatment;

any loss of consciousness caused by head injury or asphyxia;

- · any other injury arising from working in an enclosed space,
- Near-miss events that do not result in an injury, but could have done. Examples of near-miss
  events relevant to schools include, but are not limited to:
  - o The collapse or failure of load-bearing parts of lifts and lifting equipment
  - The accidental release of a biological agent likely to cause severe human illness
  - The accidental release or escape of any substance that may cause a serious injury or damage to health
  - o An electrical short circuit or overload causing a fire or explosion

#### 6.3 Notifying parents

The class teacher will inform parents of any accident or injury sustained by a pupil, and any first aid treatment given, on the same day, or as soon as reasonably practicable.

#### 6.4 Reporting to Ofsted and child protection agencies

The Head Teacher will notify Ofsted of any serious accident, illness or injury to, or death of, a pupil while in the school's care. This will happen as soon as is reasonably practicable, and no later than 14 days after the incident.

The Head Teacher will also notify the local child protection agencies of any serious accident or injury to, or the death of, a pupil while in the school's care.

### 7. Training

All qualified first aiders must have completed a basic training course, and must hold a valid certificate of competence to show this. The school will keep a register of all trained first aiders, what training they have received and when this is valid until (see appendix 2).

Staff are encouraged to renew their first aid training when it is no longer valid.

At all times, at least 1 staff member will have a current paediatric first aid (PFA) certificate which meets the requirements set out in the Early Years Foundation Stage statutory framework and is updated at least every 3 years.

#### 8. Monitoring arrangements

This policy will be reviewed by the Inclusion Leader every year.

At every review, the policy will be approved by the Head Teacher and Full Governing Body.

#### 9. Links with other policies

This first aid policy is linked to the

- · Health and safety policy
- · Policy on supporting pupils with medical conditions
- Automated external defibrillators A guide for schools https://www.gov.uk/government/publications/automated-external-defibrillators-aeds-in-schools

# **Appendix 1: list of First Aiders**

Staff member's name	Role
Mrs Carter	Kitchen Manager
Mrs Carter	Teacher
Miss Cunliffe	Teaching Assistant
Mrs Dearie	Learning Mentor
Mrs Gadsby	Teaching Assistant
Mrs Howett	Deputy Head teacher
Mrs Leadbeater	Learning Mentor
Miss Luke	Teacher
Mrs Mosley	Teaching Assistant
Mr Roberts	Caretaker/Site Manager
Mrs Roberts	Breakfast and afterschool club lead
Miss Stafford	Teaching Assistant
Mrs Taylor	Teaching Assistant

# Appendix 2: Paediatric first aid training log

Name/type of training	Staff who attended (individual staff members or groups)	Date attended	Date for training to be updated (where applicable)
Level 3 Paediatric First Aid Training	Mrs Roberts, Mrs Moseley	November 2022	November 2025
Level 3 Paediatric First Aid Training	Mrs Howett	June 2024	June 2027
Level 3 Paediatric First Aid Training	Miss Luke, Miss Cunliffe	July 2024	July 2027
Level 3 Paediatric First Aid Training	Mrs Carter, Mrs Gadsby	September 2024	September 2027
Level 3 Paediatric First Aid Training	Ms Stafford	November 2024	November 2027
Level 3 Paediatric First Aid Training	Mrs Taylor	November 2024	November 2027

# Appendix 3: Emergency first aid training log

Name/type of training	Staff who attended (individual staff members or groups)	Date attended	Date for training to be updated (where applicable)
Level 3 Award in Emergency First Aid at Work	Mrs Carter	June 2024	June 2027
Level 3 Award in Emergency First Aid at Work	Mrs Dearie	March 2024	March 2027
Level 3 Award in Emergency First Aid at Work	Mrs Leadbeater	March 2024	March 2027
Level 3 Award in Emergency First Aid at Work	Mr Roberts	June 2024	June 2027

#### Appendix 4: First aid kit list

# Cavendish Close Infant & Nursery School

# First aid kit list



- A leaflet giving general advice on first aid
- Individually wrapped sterile plasters of assorted sizes
- Sterile eye pads
- Individually wrapped triangular bandages of assorted sizes
- Large and medium-sized sterile, individually wrapped, unmedicated wound dressings
- Individually wrapped antiseptic wipes
- Micropore tape

No medication is kept in first aid kits.

Scissors must not be stored in first aid kits.

# Cavendish Close Infant & Nursery School

# First Aid Kit expectations



- · First Aid provision is checked on a weekly basis by the class teacher
- First Aid provision is checked and recorded every half term by Mrs. Vincett and/or Mrs. Leadbeater and Mrs Dearie.
- Stock is replenished during each weekly check
- It is the responsibility of Mrs. Vincett and/or Mrs. Leadbeater and Mrs Dearie to check all First Aid Kits which are stored outside of the classrooms. (School Hall, Medical cabinet on the ground floor)
- · All packaging must be surely closed
- Children's scissors must not be stored in the First Aid box
- Any out of date stock must be immediately discarded of safely and replaced with in date stock
- All First Aid Kits must be clean, tidy and well organized
- Stock in First Aid Kits must be easily accessible
- PPE must be stored in the cupboard next to the First Aid Kit
- PPE must be tidy and easily accessible
- Any damaged or broken First Aid Kit boxes must be reported immediately to Mrs. Vincett and/or Mrs. Leadbeater and Mrs Dearie
- First Aid Kits must be stored in the high cupboard which is situated above the classroom sink
- A First Aid Kit list and a Medical checklist must be stored in the high cupboard alongside the First Aid Kit
- A First Aid Kit check sheet must be stored on the inside of the high cupboard door
- A First Aid symbol must be visible on the outside of the high cupboard door
- It is the responsibility of the class teacher to ensure that First Aid Kits are correctly stored. They must be clean, tidy, well organised and all stock must be easily accessible.



## Appendix 6: Medical check list record

# Cavendish Close Infant & Nursery School

## **Medical checklist record**

Date	First Aid box	Emergency Inhaler & spacer	Emergency Adrenaline Auto- injector	Name of staff member completing the checks
Signature of staff member completing checks:				
Checks reviewed by R Vincett				
0: 1		<b>5</b> .		

# Cavendish Close Infant & Nursery School

# How to fill an accident form in correctly

#### On the Report Slip

- ✓ Record the date and time of the incident e.g. 22/03/2021, 13.30pm
- ✓ Enter the full name and class of the pupil e.g. Adam Smith, Class 10
- ✓ Give the location of the incident e.g. The Year 2 playground
- ✓ Enter the full name of the parent/carer/child minder, if contacted and the time contact was made e.g. Mr Smith, 13.45pm
- ✓ Provide full details of the treatment that was administered e.g. 'x bumped into another child and hurt left side of mouth. The incident happened on the playground. It was an accident. A cold compress was applied.'
- ✓ Please tick if the child had A bump/bruise,
  - o Vomiting/nausea
  - Nosebleed
  - Headache/high temperature
  - Head injury
  - Cut/graze
  - Asthma
  - Other
  - Parent contacted
  - Unable to contact parent
  - The child was collected from school
  - o After first aid the child was well enough to remain in school
  - o The school is of the opinion that your child should consult a doctor

#### On the Register

- ✓ Provide full details of the incident e.g. 'x bumped into another child and hurt left side of mouth. The incident happened on the playground. It was an accident. A cold compress was applied.'
- ✓ Write the full name of the person who administered first aid e.g. Mrs Brown
- ✓ Write the full name of the person who witnessed the incident (if applicable) e.g. Mr White
- ✓ Write the full name of the person who completed the accident form e.g. Mrs Brown

### **CHANGES**

DATE	CHANGE AND REASON
March 2021	Added COVID Safe First Aid information
March 2021	Added the phrase parents/carers into the document
March 2021	Added information on how to complete an Accident Form
November 2021	Updated list of Level 3 Pediatric trained First Aiders.
June 2022	Updated information regarding a medical emergency on Page 5.
September 2023	Page 2 – Link to the EYFS Framework updated
	Page 3 – List of Level 3 PFA updated
	Page 4 – COVID 19 information removed
	Section 3.4 updated
	Section 3.5 updated
	Section 4 updated to include 'The use an 'Automated External Defibrillator'.
	Page 7 – Section 5.2 updated
	Page 8 – Section 6.2 updated
	Page 9 – Section 9 updated
	Appendix 1 updated
	Appendix 2 updated
	Appendix 4 updated
	Updated list of Level 3 Paediatric trained first aiders.
September 2024	Updated list of Level 3 Paediatric trained first aiders.
	Updated list of Emergency First Aid at Work trained staff.
July 2025	Page 5 – Information added regarding when to use an ice pack.
	Page 6 – Information added regarding what First Aid equipment to take on a school trip.