

Cavendish Close Infant and Nursery School

Our STAR Curriculum for Physical Education

Early Years Foundation Stage: Prime Area of Learning: Physical Development

Our Intent for Physical Education curriculum

At Cavendish Close Infant and Nursery School, our children will develop physically, personally and socially through a range of learning experiences that are underpinned by our key intentions for learning in the Physical Education curriculum.

Our intention is for our children to:

- 1 Be **independent** and able to make **safe, happy, and healthy** choices (School Vision and STAR Expectations)
- 2 Be **sociable, respectful, resilient, kind** and **ambitious** (School Vision and STAR Expectations)
- 3 Master our **8 Behaviour Values**.
- 4 Develop a **positive sense of self** along with **good self-care** strategies.
- 5 Allow children to develop proficiency, control and confidence.
- 6 Live a healthy and active lifestyle, promoting **good physical health and good social and emotional well-being**.
- 7 Build strong, warm, supportive, positive and healthy **relationships** that lead to happiness and security.
- 8 Develop children's core strength, stability, balance, spatial awareness, co-ordination and agility.
- 9 Build **knowledge** as set out in our Physical Education Curriculum
- 10 Build **vocabulary** as set out in our Physical Education Curriculum
- 11 Use our **enabling environment** to support our Physical Education Curriculum. This includes:
 - 'Mood Monsters' Safe Spaces in classrooms
 - Outdoor playgrounds
 - Our Sports Hall
 - Willow Garden
- 12 Enjoy **reading high quality books** to support learning in Physical Education.

Our 8 Behaviour Values

We show respect to everyone.
We choose kindness.
We remember to use good manners.
We do what adults ask us to do.

We show respect to everything.
We know how to feel calm and ready to learn.
We make safe, healthy, and happy choices.
We are **Attendance HEROs** (**H**ere **E**very day **R**eady **O**n time).