



Cavendish Close  
Infant and Nursery School

## School Specific Supporting Information



*“To embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy”.*  
(Department for Education)



### Mental Health Accreditation

We provide parents with regular information and support. See example posters below.

<https://www.cavclosei.derby.sch.uk/wp-content/uploads/2021/01/Mental-Health-and-Wellbeing-Poster.pdf>

<https://www.cavclosei.derby.sch.uk/wp-content/uploads/2021/01/A-Health-Mind-Poster.pdf>

### RHE Curriculum

Our RHE curriculum is taught daily during ‘Time 4 Us’ and ‘Together Time’ in the Foundation Stage and Key Stage 1.



We have a whole school approach to the NSPCC’s ‘Pants Rule’



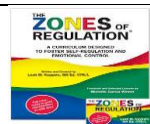
Please refer to our school website to read our RHE policy and curriculum expectations.



### Self-Regulation, Mood Monsters

We are an Rtime  
Accredited school

<http://rtime.info/uk/>



We use a self-regulation tool based on 'The zones of regulation'. This is called the 'Mood Monsters'

<https://www.cavclosei.derby.sch.uk/wp-content/uploads/2020/05/MM.pdf>



We are an  
Emotion Coaching  
School

Click on the link below to find out a little more about emotion coaching.

<https://afaeducation.org/free-dt-resources/explore-our-resources/emotion-coaching/>

We follow the scheme  
of work for drug and  
alcohol Education for  
key stage 1.

PSHE Association 2020

