

Activities at your local Children's Centre

**Audrey Drive, Derwent and
Mackworth/Morley
Children's Centres**

**September -
December 2021**

To support Children's Centre resources, a £1 donation per family for each activity would be appreciated.
Thank you.



All of our Centres are breastfeeding friendly.



Derby City Council

Audrey Drive Children's Centre

3 Audrey Drive, Chaddesden, Derby, DE21 4NP. Tel:01332 642200

Email:chaddesden.childrenscentres@derby.gov.uk

Current opening hours: Tuesday to Friday 9.00am - 5.00pm

Wednesdays

1.00 - 2.00pm Breastfeeding Club.

Are you a breastfeeding mum who would like to meet like minded mums and share hints and tips? Then come along to our relaxed sessions.

Please book your place by contacting the Infant Feeding Team on 0300 1234586 option 3.

Thursdays

1.30 - 3.00pm Baby Grow - from 9 September

Activities designed to stimulate the senses of babies through play. A chance for new parents to get together in a friendly, safe environment. For babies 0 - 12 months (or walking unaided). No session on 28 October.

Please ring to book.

Fridays

9.30 - 11.00am Stay and Play - from 10 September

A weekly group with a wide range of exciting activities that will develop your child's learning and social skills. For 0 - 5 year olds (term time), 0 - 8 year olds (school holidays). **Please ring to book.**

1.30 - 3.00pm Peep - from 10 September

Recognising that they are their child's first educator, Peep is a group which supports parents to feel more confident and make the most of their child's learning opportunities. For children 0 - 3 years. Term time only. **Referral criteria in place.**

Derwent Family Youth and Community Centre

Monmouth Street, Derby, DE21 6BD Tel: 01332 641010

Email: derwent.childrenscentre@derby.gov.uk

Current opening hours: Tuesday to Friday 9.00am - 5.00pm

Tuesdays

1.30 - 3.00pm

Stay and Play - New time - from 7 September

A weekly group with a wide range of exciting activities that will develop your child's learning and social skills. For 0 - 5 year olds (term time) and 0 - 8 year olds (school holidays). **Please ring to book.**

Wednesdays

2.00 - 3.00pm

Wellcomm to Words - from 8 September

A 7 week programme for children aged 2 years with an identified speech, language and communication delay. This is a fun, stimulating, play based group to support children's language needs. **Referral criteria in place.**

Thursdays

1.00 - 3.00pm

Adult Learning Introduction to Working in Child Care

Would you like to work with children as a childcare worker or teaching assistant? This 24 week introduction course is an ideal starting point with the opportunity to gain the CACHE Level 1 award in Working with Children. **To find out more, book on to our information session on Thursday 16 September. Telephone 01332 956565 for more information.** Term time only.

Fridays

9.30 - 11.00am

Peep - from 10 September

Recognising that they are their child's first educator, Peep is a group which supports parents to feel more confident and make the most of their child's learning opportunities. For children 0 - 3 years. Term time only. **Referral criteria in place.**

Mackworth/Morley Children's Centre

Reigate Drive, Mackworth, Derby, DE22 4EQ. Tel: 01332 208175

Email: mackworth.childrenscentre@derby.gov.uk

Current opening hours: Monday to Thursday 9.00am - 5.00pm

Tuesdays

9.30 - 11.30am Derby Signing Families - New time - from 21 September

This group is available to families with a deaf child and/or deaf parent in the Derby City area. We provide families with deafness, access to a safe and welcoming environment where your child/ren can play with other children. Come along and enjoy a wide range of activities for under 5's, including malleable and creative activities, puzzles, outdoor play and games. Please email mackworth.childrenscentre@derby.gov.uk to book or text 07812 301430.

1.30 - 3.00pm Early Support Group - from 7 September

A 6 week programme to support families with children aged 22 months - 4 years who are currently on the waiting list or awaiting referral to the Community Paediatrician for Social Communication Difficulties. Gain information on how to support your child's communication and what support there is available locally. A support package has been put together to offer access to a series of videos and access to a named practitioner for 1-1 telephone support. Please contact your local children's centre for more information. **Referral criteria in place.**

Wednesdays

1.00 - 3.00pm Adult Learning - English Course - from 15 September

Whatever your goal, our friendly classes can help you to gain confidence and improve your English skills before completing a nationally recognised functional skills qualification or even work towards a GCSE qualification. Term time only. **Telephone 01332 956565 for more information.**

Thursdays

9.30 - 11.00am Baby Grow - from 9 September

Activities designed to stimulate the senses of babies through play. A chance for new parents to get together in a friendly, safe environment. For babies 0 - 12 months (or walking unaided). **Please ring to book.**

1.30 - 3.00pm Stay and Play - from 9 September

A weekly group with a wide range of exciting activities that will develop your child's learning and social skills. For 0 - 5 year olds (term time) and 0 - 8 year olds (school holidays). **Please ring to book.**

Targeted Groups

Targeted groups have been developed and created for families that may need additional support. These groups have referral forms, but often families can self refer. **If you are interested in any of the courses below, please contact your local children's centre.**

There will be drop-in sessions on a Wednesday morning, to support these groups. Please speak to a member of staff for further information.

Antenatal Peep

A 6 week virtual programme to support the emotional transition into parenthood – explore what we can do to give our babies the best possible start and find out about local support services.

ASD Support run by Children's Centre Autism Champions

For Parents/carers of Children with Autism Spectrum Disorder. These sessions will give you an opportunity to meet Children's Centre staff, gain information and support and discover local sources of support.

Dad's Matter

We have developed a virtual 6 week course for dads and male carers with videos, phone calls and a booklet to discuss, explore and celebrate the importance of the father role in our children's lives.

Early Support Group

A virtual programme to support families with children aged 22 months – 8 years who are currently on the waiting list or awaiting referral to the community Paediatrician for social communication difficulties. Gain information on how to support your child's communication and what support there is available locally. A support package has been put together to offer access to a series of videos and access to a named practitioner for 1-1 telephone support.

Freedom Programme

The Freedom Programme is for all women who wish to learn about the reality of domestic violence and abuse.

Targeted Groups

Let's Talk at Home Under 5's

Let's Talk with under 5's is a programme for parents of children with worries about their child's speech, language and communication development. Learn more about what communication is and the importance of interaction, play and language. This is centre based and not currently running. Let's Talk at Home is a Virtual programme of 4 video links, information pack and practitioner support.

Speech and Language Screening

Screenings are not currently running in the children's centres – practitioners are contacting parents of 2 year olds who are registered on our children's centre database to offer an over the phone screening. If you are the parent of a 2 year old and you are worried about their speech, language and communication development and you have not yet been contacted, please contact your local children's centre.

Supporting Resilience

A 6 week virtual programme with videos, a workbook and weekly supportive phone calls designed to look at how to support parent's resilience and develop an understanding of reducing the impact on their children.

Understanding Children's Behaviour

A 6 week virtual programme that consists of 6 videos along with follow up phone calls, looking at how you can support your child's behaviour using a range of techniques such as play, coaching, rewards and consequences. Please contact your local children's centre for more information.

Additional services

Food Bank

The Locality 1 & 5 Food Bank is part of our partnership work with the Hope Centre. We have food donation points at each centre, to help towards the 5000 items they collect and distribute each month. Centre staff can also support with food vouchers for families in crisis.

Family Visitors

Our Family Visitors work in partnership with parents and carers in the local community, helping to improve outcomes for children under 5. They can help you by giving advice and support, for example, with children's behaviour or accessing other services. Please contact your local Children's Centre for more information.

Additional information

Antenatal Feeding My Baby Sessions

These sessions will be delivered via Microsoft Teams by an NHS Infant Feeding Practitioner and will help you to find out how to recognise baby's feeding cues, how to know baby is getting enough milk and how responsive feeding can help your baby's brain to develop.

To book your place and get the link to join in, please contact the Infant Feeding Team on 0300 1234586 option 3. Please text our ChatHealth service on 07507 327754 if you would like further information but have difficulty communicating over the phone.

Child Health Clinics

The Health Visiting Teams have started to offer Clinics by appointment only within the Children's Centres. The Health Team will contact you to make appointment, however if you have concerns about your child's health, please call 0300 1234586 option 3 during office hours and a health professional will call you to complete a telephone assessment.

Children's Centre Partners

Families Information Service

Derby City Families Information Service provides comprehensive, confidential and impartial information and advice about registered and unregistered childcare, family support services and leisure activities. They can give you information about free childcare for 2 year olds (flying start for 2 year olds) and free early years entitlement for 3 and 4 year olds.

Email: fis@derby.gov.uk **Tel:** 01332 642610



HM Government



HELP PAYING FOR CHILDCARE

Childcare
Choices



MONEY TOWARDS CHILDCARE

Any **one** of the following schemes...



AVAILABLE IN UK

... **can** be used with

FREE HOURS OF CHILDCARE



AVAILABLE IN ENGLAND

For offers in Wales, Scotland and Northern Ireland check childcarechoices.gov.uk

Speak to your provider about any additional charges that may apply

For full details visit

childcarechoices.gov.uk

Getting childcare vouchers?

Go to GOV.UK to find out more