



# Year 1 – Home Learning – Autumn 1 2021

Dear Parents/Carers,

We are sorry that we will not see you this week, but we hope you and your families are staying safe and well. Here you will find a plan for your home learning. To help you support your child’s learning, we have set enough tasks to be completed one a day by your child. This reflects the learning that is continuing to take place in school.

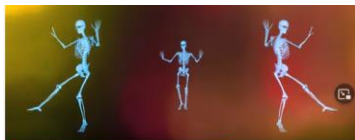
Please contact us via email at [year1@cavclosei.derby.sch.uk](mailto:year1@cavclosei.derby.sch.uk) if you have any questions and to share photos of your child’s learning.

Best wishes, from Year 1 Team.

**GROW HAPPY**  
**Keeping safe, happy and healthy**

## PE

Don’t forget to stay healthy by being active. This term we are learning about our bodies use these songs to dance around and learn your body parts. Can you find different ways to travel around your house.... under, over, around by crawling, jumping, hopping and balancing.



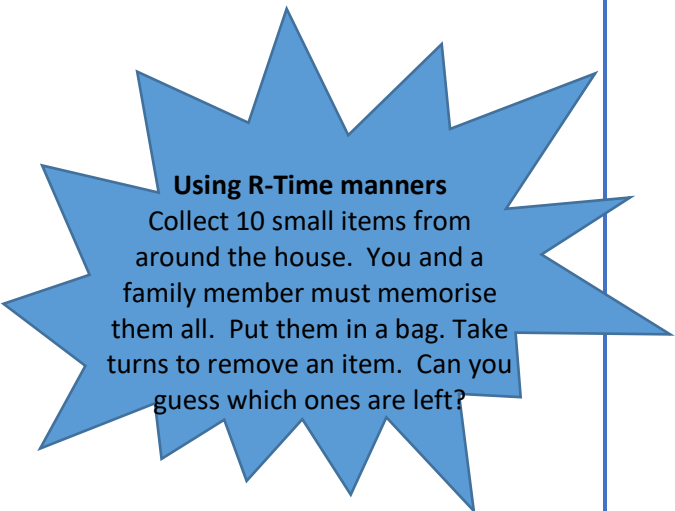
## R Time



### Be like Curious Ash

Enjoy being a detective and finding out new things.  
**Explore** and ask clever questions.

Go on – You **CAN** do it!!



### Using R-Time manners

Collect 10 small items from around the house. You and a family member must memorise them all. Put them in a bag. Take turns to remove an item. Can you guess which ones are left?

## Wellbeing

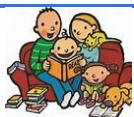
We all have to look after ourselves, not just because of the current situation but all the time. Care for your body AND your mind. Remember to do some exercise every day.



**I am a Speaker**

Talking to your children is so important. It can help them in all areas of their learning. Turn off the television and digital devices and spend 10 minutes answering each of these questions together. Remember to be a good listener you need to face the person you are talking to, keep your hands and feet still, think of good questions to respond with and do not interrupt.

- Who is in your family?
- Look at photos of you as a baby, talk about how you have changed. What can you do now that you didn’t do then?
- What is your favourite animal? Talk about what you know about different animals.



**I am a Reader**  
**Read every day!**

Reading every day is the key to your child’s success.

If you have your school reading books with you please practise reading them. Don’t forget reading them more than once helps confidence and reading for fluency.

Your child has been given their own password and logins for Big Cat Collins ebooks just like we have in school- It is the same as in reception- login to read a new book or re-read your favourites.



Click on the picture to listen to the Funny Bones story...



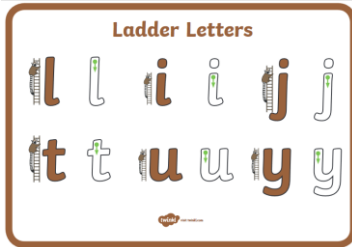
Can you remember your sounds? You can find a sound mat on the school website?



Alphablocks are a great for helping us learn our sounds and help us to blend the sounds together. Watch some episodes on BBC iplayer or on Youtube. This term we will be looking for alternative sounds in phase 5... E.g. ai in rain can be written ay in play or a\_e in cake. Can you make a list and sort all the words with ai, ay or a-e in them?



**I am a Writer**



**Handwriting**

Practise writing your full name and then all the ladder letter family. Can you sit your letters on the line and keep them even in size?



**Reach for the stars:** Can you write some words using the ladder letters?

**Writing**

Write some simple sentences all about you.

Use these sentence starters:

I am.....

I can....

I like....

I will...

Remember to use a capital letter, full stops, finger spaces and sound each word out.



**I am a Mathematician**

Mon-Fri: Please follow this link to go to some Maths lessons on your theme of 'Numbers to 10'. You should aim to watch one a day:

- <https://classroom.thenational.academy/units/numbers-to-10-526c>
- Practise writing your numbers in digits and words everyday. For example 1 one



**Challenge Time**

- **I am an Artist:** Draw and label a picture of your family. Can you make a pretty picture frame for it to go in. Bring the picture to school to show your friends.
- **I am a Musician:** Sing your favourite songs. Learn the 'Dem bones song' from the PE section.
- **I am a Scientist and a Researcher:** Have a look at the latest report on **ReachOut Reporter**. Go to explore this story watch the video. Follow the link <https://www.reachoutreporter.com/>
- Find out some facts about your class animal to share with your class. (Miss Marley- Robins, Miss Doxey- Foxes, Mrs Merriman- Dragonflies)
- **I am an Explorer:** Look out of your window and draw what you can see. Find Chaddesden on a map, what else can you see?



**Use these words to help your child develop a positive attitude to learning:**

Determined

Keep trying

Reach for the stars

Can you think of another way?

