

# Relationship Education

By the end of KS1, pupils should know the following;

<b>Families and people who care for me</b>	<ul style="list-style-type: none"><li>• I know that my family should make me feel happy and safe.</li><li>• I know that my family should help me.</li><li>• I know why it is important to spend time with my family.</li><li>• I know that every family is different.</li><li>• I know that two adults can choose to get married.</li><li>• I know who to ask for help if I am unhappy.</li></ul>
<b>Caring friendships</b>	<ul style="list-style-type: none"><li>• I know that friends should make me feel happy.</li><li>• I know how to be a good friend.</li><li>• I know that I should never make others feel unhappy.</li><li>• I know who to ask for help if friends make me unhappy.</li></ul>
<b>Respectful relationships</b>	<ul style="list-style-type: none"><li>• I know that everyone is different.</li><li>• I know what good manners are.</li><li>• I know how to respect myself.</li><li>• I know how to respect others.</li><li>• I know what bullying is and isn't.</li><li>• I know that bullying is wrong.</li></ul>
<b>Online relationships</b>	<ul style="list-style-type: none"><li>• I know about the dangers online.</li><li>• I know who to ask for help if I feel unsafe online.</li><li>• I know not to share information online.</li></ul>
<b>Being safe</b>	<ul style="list-style-type: none"><li>• I know who to talk to if I feel unsafe.</li><li>• I know who to talk to if others are unsafe.</li><li>• I know how to respect the privacy of others.</li><li>• I know that each person's body belongs to them.</li><li>• I know about the 'pants' rule.</li></ul>