



# Year 1 – Home Learning - Week beginning 08.03.21

Dear Children,

We are sorry that you aren't able to be in school at the moment, but we hope you and your families are staying safe and well. Here you will find a plan for your home learning. To help you support your learning, we have set enough tasks to be completed in **one week**. This reflects the learning that is continuing to take place in school.

Please contact us via email at [year1@cavclosei.derby.sch.uk](mailto:year1@cavclosei.derby.sch.uk) if you have any questions and to share photos of your child's learning.

Best wishes, from Year 1 Team.



Keeping safe, happy and healthy

## PE

Don't forget to stay healthy by being active.

- Can you do the banana boogie? <https://www.youtube.com/watch?v=oOT29Urisp4>
- Can you dance like an acorn? <https://www.youtube.com/watch?v=Kbg63mxI1NY>
- Do the awesome rainbow dance! What is your favourite colour? <https://www.youtube.com/watch?v=tbPGvZDNoYO>
- Follow the yoga video on the rainbow of confidence! <https://www.youtube.com/watch?v=CYQJdn8gapw>
- Do you know your two's? <https://www.youtube.com/watch?v=G2iStjfHxrk>

## R Time



### Be like Flexible Flo

Think of good ideas and think of **different** ways to do things!

Go on – You **CAN** do it!!

Use your R-Time manners to draw a flower with your grown up, make sure to take turns and share! Remember to do an **EQUAL** amount.

## Wellbeing

We all have to look after ourselves, not just because of the current situation but all the time. Care for your body AND your mind. Look at the poster for more information here:

Mental Health and Wellbeing Support for all the Family - <https://www.cavclosei.derby.sch.uk/wp-content/uploads/2020/05/Mental-Health-and-Wellbeing-Poster.pdf>



Talking is so important. It can help in all areas of our learning.

Please visit National Literacy Trust 'Words for Life' for more information and ideas:

<https://wordsforlife.org.uk/>

- Can you go outside and have a look around? What do you notice? Can you see any flowers? Talk to your grown-up about what you can see.



I am a Reader  
**Read every day!**

Reading every day is the key to success.

If you have your school reading books with you please practise reading them. Don't forget reading them more than once helps confidence and reading for fluency.

Your child has been given their own password and login for Big Cat Collins ebooks just like we have in school. Please login to the catalogue and enjoy reading the books your teachers have put on there for you.

Follow the link to 'The Extraordinary Gardener' (part 3) on the Shared Reading document. Discuss and answer the questions on each page:

[https://prod.cavclosei.derby.sch.uk/?page\\_id=4514](https://prod.cavclosei.derby.sch.uk/?page_id=4514)



Be a Phonics Superstar!  
Your weekly Wordwise lesson can be found at this link:  
[https://prod.cavclosei.derby.sch.uk/?page\\_id=4514](https://prod.cavclosei.derby.sch.uk/?page_id=4514)

Please note, all the resources you need for wordwise, such as grapheme charts, can be found on our website.



I am a Writer

- This week's focus in handwriting is practising lower case letters. Here are the letters we are practising this week.

Start at the top, down, up, over and down again. Up and over and down once more to finish your m!	Start at the top, go down, then up and then... Go over and down to the bottom and there you have an n!	Start at the top, go down and up but not too far. Then draw a small curl at the top to make your perfect r!	Start at the top, go straight down and back halfway. Then over a hump and down to the line to make an h!

Practise the letter formation and write a sentence using the lower case letters above.

Example:

I was running home and my shoe nearly fell off!

### Our Topic is 'How to Grow a Rainbow'



- Shared reading – 'The Extraordinary Gardener' (part 3)



- In school we are learning about flowers, follow the link to the video. Discuss what you have learned and then draw a flower. Can you label the roots, stem, leaves and petals.  
[https://www.youtube.com/watch?v=ql6OL7\\_qFgU](https://www.youtube.com/watch?v=ql6OL7_qFgU)
- You are going to be a detective! Go on a walk in your garden, what can you see, hear, smell and feel? Make a word bank for everything you can sense.
- Look back at your labelled flower and your word bank. Can you write 3 sentences describing the parts of the plant?



**Reach for the stars** and use adjectives. An adjective is a word that we can use to help us describe things.

e.g. The petals are **bright yellow** and smell **fresh**. The leaves feel like **soft** velvet. The stem is **long** and **thin**.



I am a Mathematician

Mon-Fri: Please follow these links to go to our Maths lessons on the theme of 'Length and Mass'. You should aim to watch one a day:

- <https://classroom.thenational.academy/lessons/to-compare-lengths-and-heights-of-objects-6wrpce>
- <https://classroom.thenational.academy/lessons/to-measure-lengths-using-non-standard-units-part-1-64v30t>
- <https://classroom.thenational.academy/lessons/to-measure-lengths-using-non-standard-units-part-2-6ngkac>
- <https://classroom.thenational.academy/lessons/to-begin-to-understand-standard-units-of-length-69gkct>
- <https://classroom.thenational.academy/lessons/to-solve-problems-involving-doubling-and-halving-cmt62c>



Challenge Time

- I am a Musician:** Follow the link to watch Miss Doxey's lesson on 'The Four Seasons' (Spring) by Vivaldi. [https://www.youtube.com/watch?v=9zU\\_ce8\\_Ezc&feature=youtu.be](https://www.youtube.com/watch?v=9zU_ce8_Ezc&feature=youtu.be) Have a go at creating your own piece of music about Spring using things around your house to represent different things e.g. birds, flowers.

- I am a Scientist:**

ReachOut Reporter. Follow this link to watch the report.



<https://www.reachoutreporter.com/>

Talk about what you have seen. Which report was your favourite? Why?

- **I am a Scientist:** Can you plant your own sunflower seed? Look at some flowers outside, what do you notice?
- **I am a Designer:** using lots of things around your house e.g. boxes can you make a garden shed?
- **I am an Artist:** Our school is taking part in the 'Derby Ram Trail' competition. Have fun designing your very own 'Derby Ram' using the template below. Create your very own design – the theme is 'What is important to me right now?' We will be choosing a winner from Year 1 so don't forget to send us a photograph of your design to enter the competition.

Use these words to help your child develop a positive attitude to learning;

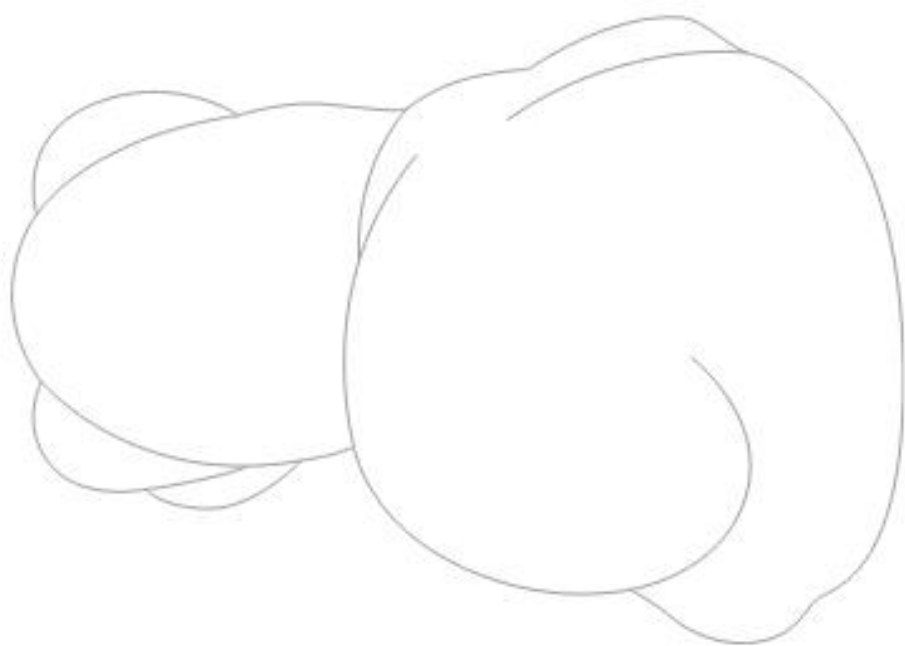
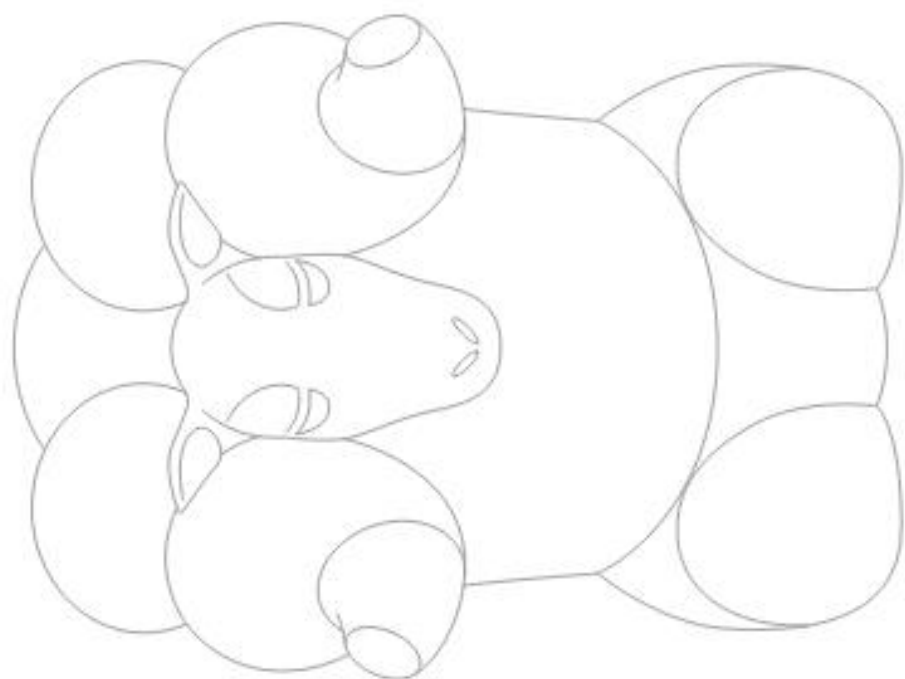
Determined

Keep trying

Reach for the stars

Can you think of another way?

## Your Figurine Template



or

Pupil name: \_\_\_\_\_ Pupil Age: \_\_\_\_\_

Name/title for your ram: \_\_\_\_\_

**Please complete the following sentence:**

My sculpture was inspired by \_\_\_\_\_

**Brief description of your design** (try and keep it to 50 words or less):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

