



Year 1 - Home Learning – Daily challenges 03.02.2021

Hello All,

There are some exciting challenges for you today. Be like Brave Astrid and learn from your mistakes!

If you need additional support please access the Earth challenges, you should all be reaching for the STARS!!!

Remember to send your work to your teachers using the Year 1 email address.

From The Year 1 Teachers. xx



Be like Brave Astrid
Be **confident** to try new challenges and learn from your mistakes!

Go on – You **CAN** do it!!



R-Time

20 mins

Using R-Time manners – Think about the ‘green mood monster’ who is calm, happy and ready to learn. If you are feeling sad or cross what can you do to feel like the green mood monster again?

E.g I could count back from 10 or talk to a grown up that I trust. See the attached sheet for ideas!



Common Word Challenge

20 mins

Read the words and play ‘look, cover, write, check’.

Look at the word, cover it, write it and check to see if you were correct.

★	The
out	has
his	no

★ what	ago
all	were
are	there

Writing Challenge

Aim: To Write sentences about Africa and Asia

In challenge time we have learned all about the seven continents, this week we are going to write sentences about each continent.

Today we are going to focus on **Africa** and **Asia**.

Can you research some facts about the two continents? See the attached sheet to help you!

For example:

‘Tigers and monkeys live in Asia’
‘Africa is very hot!’



Can you use a connective in your writing? E.g. ‘and’ or ‘because’



50 mins

Maths Challenge

Unit of work: Length

Watch this video lesson and have a go at the activities.



	Adult support
★	Work independently

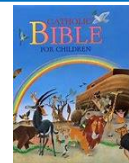
[Using standard and non-standard units when measuring \(thenational.academy\)](https://www.thenational.academy)

50 mins

Challenae time

I am an RE superstar: Watch Miss Doxey’s RE lesson about story of Zaccheus – can you retell the bible story and sing the song to your grown up?

Click on the picture to go to the home learning page!



30 mins

Wordwise

30 mins

Wordwise wizards don’t forget to do phonics. It’s so important to practise every day.



Join Miss Doxey for today’s Wordwise PowerPoint video lesson on the Year 1 home learning page https://www.cavclosei.derby.sch.uk/?page_id=4514

If you need extra help to practise your phonics click this link and watch the video lesson. https://www.youtube.com/watch?v=bZ5XfHKJS_M&feature=youtu.be



PE at home

20 mins

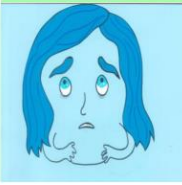
It is important to stay active. Click on the link below.

[Do the Weather Dance: Song and Dance for Kids - YouTube](#)

Please email your work to year1@cavclosei.derby.sch.uk.

Meet the Mood Monsters. Which one are you today?

happy	sad	scared	angry
calm	tired	excited	unkind
ready to learn	lonely	silly	unsafe



Top 10 tools to get into the green zone

1. Identify which mood monster
2. Talk about the words linked to that mood monster
3. Find a quiet place/ have some thinking time
4. Breathe slowly and deeply
5. Count to 10
6. Clench and unclench fists
7. <https://family.gonoodle.com/channels/flow> 'go noodle' bring it down' FLOW
8. Listen to the mood monsters favourite stories (see separate poster)
9. Mindfulness colouring
10. Talk to a trusted person.

Africa

Africa is the second biggest continent in the world.

- Africa has 54 countries, more than any other continent.
- Major countries include Egypt, Nigeria and South Africa.
- The River Nile in Africa is thought by many to be the longest river in the world, although some claim the longest is the River Amazon in South America.
- Africa also has the world's biggest non-polar desert, the Sahara.
- In Africa, you will find giraffes, elephants and lions.



Asia

Asia is the biggest continent in the world.

- 2/3 of the world's population live in Asia.
- Major countries include India and China.
- The Himalayas, the world's tallest mountains, are found here.
- The Dead Sea, the lowest point on land, is also in Asia.
- Asia is home to tigers, monkeys and giant pandas.

