

# Keeping children safe

With the pressures on the NHS, many parents are worried about a trip to A&E with their child.

The fact that our homes are accident hotspots for younger children is a scary prospect at the best of times. And sadly, less traffic doesn't mean we can completely switch off about road safety.

Here at the Child Accident Prevention Trust we are reaching out to families feeling the pressure in lockdown to highlight easy wins that can keep children safe.

Here we share our top tips – they are so simple and just take a few minutes to move out of reach!!!

**Hot drinks to hair straighteners** – doctors are already seeing an increase in burns during lockdown. A small child's skin burns really easily as it's so thin and delicate.



**Button batteries** – big lithium coin cell batteries the size of a 5p piece can be deadly if your child swallows one



**Pills to pods** – from the painkillers in the drawer to the cleaner by the loo, the disinfectant spray under the sink or the washing pods by the machine, they can seriously harm children if swallowed.



**Out and about** - As we all try to keep our distance but still try to burn off children's excess energy, it's crucial to stay mindful of road safety. Cars may take advantage of empty roads to speed up. So remember to check for traffic before you and your family step out into the road.



Keep in touch for more safety tips [www.facebook.com/ChildAccidentPreventionTrust](https://www.facebook.com/ChildAccidentPreventionTrust)

Or download your parent pack here <https://www.capt.org.uk/Pages/Category/child-safety-week>