

# Home Learning for children with SEND

# Communication and Interaction



- Spend time everyday sitting and talking to your child.
- Share the daily routine with them.
- Children thrive on routine and structure and love to know what is happening throughout the day.
- Share a story with your child everyday. Talk to them about what is happening in the story. Ask them simple questions about the story.
- Play this game with your child to encourage and develop your child's language. Can you work out what is wrong in each picture? https://cavclosei.derby.sch.uk/wp-content/uploads/Spot-what's-wrong.pdf

## **Cognition and Learning**

- Practice you letter formation using this pencil control activity booklet https://cavclosei.derby.sch.uk/wp-content/uploads/Letter-formation.pdf
- Ask a grownup to fill a tray with some sand. Practice your letter formation in the sand!
- Can you correctly guess the missing numbers?! Get your parent to time how quickly you can guess all of the numbers! <a href="https://cavclosei.derby.sch.uk/wp-content/uploads/Missing-numbers.pdf">https://cavclosei.derby.sch.uk/wp-content/uploads/Missing-numbers.pdf</a>
- Go on a number hunt in the garden. Can you find....stones/leaves/flowers/birds
- Practice your letter recognition using this fun exercise game from Derby County Football Club! <a href="https://www.derbycountycommunitytrust.com/wp-content/uploads/2020/04/Alphabet-Challenge.pdf">https://www.derbycountycommunitytrust.com/wp-content/uploads/2020/04/Alphabet-Challenge.pdf</a>

# Social, Emotional and Mental Health



Take a moment everyday to complete some yoga, good for the mind, body and soul! <a href="https://www.cosmickids.com/">https://www.cosmickids.com/</a>

During this period of uncertainty your child may be feeling anxious, worried and upset. Have a look at this simple guide to Emotion Coaching - <a href="https://cavclosei.derby.sch.uk/wp-content/uploads/Emotion-coaching.pdf">https://cavclosei.derby.sch.uk/wp-content/uploads/Emotion-coaching.pdf</a>

### **Physical and Sensory**



 Exercise your fingers using these playdough mats – https://cavclosei.derby.sch.uk/wp-content/uploads/Playdough-Mats.pdf

- Explore these fun sensory activities https://cavclosei.derby.sch.uk/wp-content/uploads/Sensory-fun.pdf
- Have a go at some bead threading to strengthen and develop your fine motor skills https://cavclosei.derby.sch.uk/wp-content/uploads/Bead-threading.pdf

### **Information for parents**

- If you have any worries, concerns or need a little support and advice, please do not hesitate to contact me on the email address <u>Leadership@cavclosei.derby.sch.uk</u>
- The NHS are offering a Mental Health Support Line during the COVID-19 pandemic for Derby residents of all ages. This service is available by ringing: 0300 790 0596. This support line is available between 9am and midnight, 7 days a week. Or click on the link <a href="https://www.derbyshirehealthcareft.nhs.uk/getting-help/coronavirus-covid-19/mental-health-support-line">https://www.derbyshirehealthcareft.nhs.uk/getting-help/coronavirus-covid-19/mental-health-support-line</a>