## DISHES AND THEIR ALLERGEN CONTENT – Cavendish Close Infant & Nursery School

DISHES						Lupin	Milk		MUSTARD			SISAM OL		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	1			<b>√</b>	<b>\</b>		<b>/</b>		<b>/</b>					
Bacon														
Hot Dog Roll		✓										✓		
Ham		✓										✓		
100% Beef Burger		<b>✓</b>										✓		
Burger Buns		✓										✓		
Chicken Curry	✓	<b>√</b>					✓		<b>✓</b>					<b>✓</b>
Lamb Mince & Dumplings		✓		✓			✓							
Battered Chicken Steak		✓												
Cheese & Tomato Pizza		<b>✓</b>					<b>√</b>							
Quorn Sausage		<b>√</b>		<b>√</b>			<b>√</b>							

DISHES					D.	lupin Flour	Milk		MUSTARD			SISAMI		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Quorn Lasagne	✓	✓		<b>√</b>			✓		<b>√</b>				<b>√</b>	
Jacket Potato & Cheese							✓							
Jacket Potato & Tuna				✓	<b>√</b>		✓							
Cheese & Onion Quiche		✓		✓			✓							
Vegetable Lattice Slice		✓		✓			✓		✓				✓	
Pasta Sausage Tomato & Basil		✓												
Breaded Salmon Bites		✓			✓									
Macaroni Cheese		✓					✓		<b>√</b>					
Roast Chicken & Stuffing		✓												
Cheese & Potato Pie				✓			✓		✓					
Bolognaise		✓												

DISHES					D.	Jupin Flour	Milk		MUSTARD			SISME		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fish Fingers		✓		<b>√</b>	<b>√</b>									
BBQ Chicken Wrap		1												
Chicken Pie				✓			✓							
Sweet & Sour Chicken		✓					✓		✓					
Yorkshire Pudding & Sausage		✓		<b>√</b>			✓							
Vegetable Samosa		<b>√</b>					✓							
Chilli Con Carne														
Chicken Tikka Wrap		1												
Battered Fish		<b>√</b>			1				<b>√</b>					
Cheese & Tomato Scrolls		1					✓							
Meatballs & pasta		✓												

DISHES					D.	Lupin Flour	Milk		MUSTARD			SISAMI		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Beef & Yorkshire Pudding		<b>√</b>					✓							
Cheese & Tomato Quiche		✓		✓			✓		✓					
Salmon Fish Cake		<b>√</b>		✓	<b>√</b>									
Gammon														✓
Sausage Rolls		<b>√</b>		✓			✓							
Salmon Fish Fingers		✓		✓	<b>√</b>									
Mini Potato Waffle														✓
Salad				✓										
Sliced White Bread		<b>√</b>												
Jacket Potato Wedges		<b>√</b>												
Naan Bread		<b>√</b>												



## Milk DISHES MUSTARD Celery Fish Cereals Crustaceans Eggs Lupin Milk Mollusc Mustard Nuts **Peanuts** Sesame Soya containing gluten seeds Green Beans Mushy Peas Mixed Vegetables Cabbage Roast Potatoes Cauliflower Star Fishcake New Potatoes Fish Pie Beef Pastie Salmon Fish Cake

with Sweet Potato

Sulphur

Dioxide

DISHES					Do.	Lupin Flour	Milk		MUSTARD			SISAME		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fruit Pot														
Orange Drizzle Cake		<b>√</b>		✓										
Chocolate Crackle		<b>√</b>					✓							
Butterscotch Whirl				<b>√</b>			✓							
Arctic Roll		<b>√</b>		✓			✓							
Mini Eclair		<b>√</b>		<b>√</b>									✓	
Fruit Salad														
Yoghurt							✓							
Toffee Yoghurt Ice Cream		1					✓							
Banana Cake		1		✓			✓							
Chocolate Fudge Cake		1		✓			✓							

DISHES					D.	Lupin Flour	Milk		MUSTARD			SISME		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Blueberry Muffin		✓		✓			✓							
Layered Fruity Sponge		✓		1			✓							
Custard		✓		✓			✓							
Strawberry Yoghurt Ice Cream		<b>✓</b>					✓							
Lemon Drizzle Cake		<b>✓</b>		<b>√</b>			✓							
Cornflake Cake		✓		<b>√</b>			✓							
Chocolate Biscuit		✓												
Strawberry Whirl		✓		<b>√</b>			✓							
Blackberry & Apple Crumble		✓					✓							
Cherry Shortbread		<b>√</b>												
Rosalie Biscuit		<b>✓</b>												

DISHES					D.	Lupin Flour	Milk		MUSTARD			SISME		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate Muffin		✓		<b>√</b>			✓							
Rice Pudding		✓		✓			✓							
Jam Roly Poly		✓		✓			✓							
Lemon Shortbread		✓					✓							
Ginger Biscuit		✓					✓							
Chocolate Orange Cake		✓		✓			✓							
Fruit Scone		✓					✓							
Chocolate Crunch		<b>√</b>		✓										
Strawberry Mousse							✓							
Strawberry Cheesecake		✓		✓									✓	
Donuts				✓			✓						✓	

DISHES					D.	lupin Flour	Milk		MUSTARD			STEAM OF THE STEAM		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate Sauce	✓	✓		✓			✓						✓	✓
Milk							✓							
Blackcurrant Squash														<b>√</b>

Review date: Reviewed by:



You can find this template, including more information at www.food.gov.uk/allergy