Cavendish Close Infant and Nursery School

A rich, relevant, broad and balanced curriculum contributes to outstanding learning and achievement, significant growth in pupils' knowledge and attitude to learning

Subject area: PE- Games

End of Early Years Foundation Stage expectation			National Curriculum end of Key Stage 1expectation	
ELG 7 Moving and Handling Children show good control and coordination in large and small movements. They move confidently in a range of ways, safely negotiating space. *ELG 8 Health and Self-Care* Children know the importance of good health and physical exercise, and a healthy diet and talk about ways to keep healthy and safe.			To ensure that all pupils: • develop competence to excel in a broad range of physical activities • are physically active for sustained periods of time • engage in competitive sports and activities • lead healthy, active lives. Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should be taught: • master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities • Participate in team games, developing simple tactics for attacking and defending	
Acquiring and Developing (Hands)	FS1 (30-50 months) Runs skilfully and negotiates space successfully, adjusting speed or direction to avoid obstacles Moves freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping. Can stand momentarily on	FS2 (40-60 months) Experiments with different ways of moving, confidently moving in a range of ways. Shows good control and coordination in large and small movements. Shows increasing control over an object in pushing and patting, throwing, catching or kicking it	Y1 Turn to change direction Travel from one space to another using different pathways Throw underarm Hit a ball with a bat Throw and catch a ball with both hands Throw and kick a ball in different ways	Y2 Travel from one space to another by: changing speed - smooth to sharp changing level - high to low changing direction – different shaped pathways Control small apparatus by hitting, kicking and/or rolling it during a game

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	one foot when shown Catches a large ball			
Selecting and Applying (Head)			Begin to understand simple tactics for attacking and defending Understand simple techniques used when sending and receiving in a variety of activities	Begin to understand simple tactics for attacking and defending Understand simple techniques used when sending and receiving in a variety of activities Decide the best space to be in during a game
Evaluating and improving			Shows awareness of simple rules Enjoy competing against self and others, individually or in team games	Use simple tactics in a game Follow rules Enjoy competing against self and others, individually or in team games

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Knowledge and Understanding of Fitness and Health (Heart)	Beginning to recognise danger and seeks support of significant adults for help Observes the effects of activity on their bodies, notices they are warmer, sweaty and they feel puffed out	Negotiates space successfully and safely, adjusting speed or changing direction to avoid obstacles. Shows understanding of the need of safety and considers and manages some risks Shows understanding of how to transport and store equipment safely Practices some appropriate safety measures without direct supervision	To travel safely and be aware of others Understand how to use space and apparatus safely Shows some understanding that exercise is important to good health.	Find and use space safely showing awareness of others Know how to carry and place apparatus safely To understand that their breathing increases when they are active and know why it is important to warm up Understand that muscles become harder when tensed or stretched.

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